



# Youth Volunteering for a Healthier Planet

Our Land. Our Future. We are #GenerationRestoration

4 June 2024, UN House, New Delhi

## YOUTH ADDA REPORT

For World Environment Day 2024, Health Volunteers, in collaboration with UNV India and France Volontaires Inde, organized Youth Adda on "Youth Volunteering for a Healthier Planet" at the United Nations Office in India guided by insights from the UN Environment Programme.

# PEOPLE

Experts sharing insights at Youth Adda



**Sushil Chaudhary**  
Country Coordinator,  
UNV India



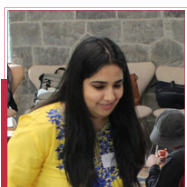
**Reuben Gregan**  
Project Officer,  
UN Environment Programme



**Yasar Ahmad**  
Country Representative,  
France Volontaires



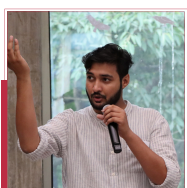
**Rishi Banshiwal**  
Director,  
Health Volunteers



**Yusra Khan**  
Founder,  
Yellow Streets



**Hiba Siddiqui**  
Youth Adda Facilitator



**Faraz Zaidi**  
Youth Adda Facilitator

# ABOUT

## HEALTH VOLUNTEERS

Empowering communities through knowledge and action

### ABOUT US

The Health Volunteers Program is dedicated to addressing critical health issues through collective action. Our online platform serves as a central hub for connecting volunteers with essential health campaigns, facilitating their involvement and enabling impactful contributions. Our mission is to empower volunteers with knowledge and resources to engage in health advocacy, take meaningful action, and foster community engagement.

#### Health Topics

- **Tuberculosis**
- **Road Safety**
- **Tobacco Control**

### WHAT WE DO

At Health Volunteers, we are dedicated to empowering communities by providing vital education through volunteerism. Our mission is to address pressing health challenges by mobilizing passionate volunteers who contribute their time, skills, and expertise. We organize and support various health initiatives, including medical camps, health awareness programs ensuring access to essential healthcare for underserved populations. Through our efforts, we aim to foster a culture of compassion and proactive engagement in health and well-being.

- **Food Safety**
- **Mental Health**
- **Environment**



# ABOUT

## WORLD ENVIRONMENT DAY

World Environment Day, marked annually on 5 June, was established by the United Nations General Assembly in 1972. Over the past five decades, it has grown to be one of the largest global platforms for environmental outreach. Tens of millions of people participate online and through in-person activities, events, and actions around the world.

According to the UN Convention to Combat Desertification, up to 40 percent of the planet's land is degraded, directly affecting half of the world's population and threatening roughly half of global GDP (US\$44 trillion). The number and duration of droughts have increased by 29 percent since 2000. Without urgent action, droughts may affect over three-quarters of the world's population by 2050. Land restoration is a key pillar of the UN Decade on Ecosystem Restoration (2021-2030), critical to achieving the Sustainable Development Goals and the health of human beings.

### Theme

Land Restoration, Desertification, and Drought Resilience

### Hashtags

#WED2024 #WorldEnvironmentDay #HealthVolunteers #GenerationRestoration





# ABOUT

## YOUTH ADDA



Youth Adda is an interactive and experiential discussion platform designed to engage young people in meaningful conversations about pressing societal and environmental issues. It serves as a space where youth can share personal experiences, gain knowledge from experts, and collaboratively develop actionable plans for community impact. The aim is to instill a sense of responsibility, enhance skills, and motivate participants to take informed and effective actions towards creating a healthier and more sustainable future. By fostering dialogue, personal connection, and practical learning, This Youth Adda was focused on empowering young climate enthusiasts to become proactive agents of change in their communities.

### Youth Adda Topic

Youth Volunteering for a Healthy Planet

### Youth Adda Tagline

Our Land. Our Future. We are #GenerationRestoration

### Participants Profile

Fifty young climate action enthusiasts from Delhi NCR, representing diverse backgrounds, participated. These individuals are eager to take meaningful action for the environment but currently lack the necessary knowledge, motivation, and toolkit to engage in responsible community initiatives.

The Youth Adda discussion organized by UNV India used a World Café format, where participants were divided into small groups, each focusing on a specific topic such as waste management or global warming. Facilitators guided the conversations, encouraging open dialogue and idea-sharing within each group. This setup allowed young enthusiasts to delve deep into their assigned topics, brainstorm solutions, and share personal stories. At the end, everyone reconvened to summarize their insights and make actionable commitments for environmental and health advocacy.

## OBJECTIVE

To instill the right knowledge, skills, and attitude towards responsible climate and environmental protection actions.



# DISCUSSION OUTCOMES



- Roles of Individuals



- Roles of Government

## 01. Waste Management



Segregating waste, participating in clean-ups, composting organic waste.



Enforcing waste segregation, developing waste management infrastructure, running public awareness campaigns.

## 02. Global Warming



Reducing energy consumption, adopting sustainable transportation, planting trees.



Promoting renewable energy, enforcing emission regulations, supporting research in green technologies.

## 03. Water Shortage



Conserving water, harvesting rainwater, promoting awareness.



Investing in water infrastructure, enforcing water management policies, supporting agricultural efficiency.

## 04. Plastic Pollution



Reducing plastic use, recycling, raising awareness.



Banning single-use plastics, supporting the recycling industry, conducting clean-up campaigns.

## 05. Desertification



Promoting sustainable agriculture, participating in reforestation, conserving water.



Enforcing land use policies, supporting afforestation projects, providing education and training.

## 06. Loss of Biodiversity



Protecting natural habitats, supporting conservation efforts, promoting awareness.



Establishing protected areas, enforcing anti-poaching laws, supporting biodiversity research.

## 07. Lack of Sustainable Practices



Adopting sustainable lifestyles, supporting local products, advocating for change.



Implementing sustainable policies, promoting green technologies, running public education campaigns.



# CONCLUSION



Addressing India's environmental challenges requires a collaborative effort between individuals and the government. By taking proactive steps in waste management, combating global warming, conserving water, reducing plastic pollution, preventing desertification, preserving biodiversity, and adopting sustainable practices, both citizens and the government can significantly contribute to a healthier and more sustainable environment.

The Youth Adda was a step towards empowering young climate enthusiasts with the knowledge, motivation, and tools to make a positive impact on the environment. Continuous engagement strategies through the Health Volunteers platform can enhance learning outcomes and deepen youth understanding and support for climate action.







## Volunteering for Public Health

Our mission is to empower volunteers with knowledge and resources to engage in health advocacy, take meaningful action, and foster community engagement.

## CONTACT US



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